

Two services have been developed and successfully piloted for the follow up of **clinically stable** patients with native valve disease or with replacement valves.

1 Physiologist-led echocardiography monitoring clinic	2 Nurse-led valve monitoring clinic
<ul style="list-style-type: none"> ○ All degrees of asymptomatic native valve disease, including post endocarditis ○ Mitral & aortic bioprostheses > 5 years post implant ○ Post Ross procedure ○ Mitral & Tricuspid repairs ○ New design prostheses ○ Marfan syndrome <ul style="list-style-type: none"> ● The patients will be seen by an experienced, specially trained physiologist. ● A brief symptom and medication history will be taken. ● Advice about antibiotic prophylaxis and dental care will be given when appropriate. ● Results from the echo will be given verbally to the patients and a copy of the report, including a short symptom summary, will be sent to the referrer and the GP. ● Follow up will be arranged according to protocols. 	<ul style="list-style-type: none"> ○ Mechanical prostheses. (not requiring echocardiogram) ○ Mitral & aortic bioprostheses < 5 years <ul style="list-style-type: none"> ● The patients will be seen by an experienced specialist nurse ● A history will be taken and clinical examination performed ● Antibiotic prophylaxis, warfarin control and dental care will be discussed ● An echocardiogram will only be performed if clinically indicated ● A letter will be written to the referring clinician and the GP ● Follow up will be arranged according to protocols

Patients that experience new symptoms or echo measurements approaching threshold values defined in international consensus documents will be directed back to the referring clinician.

Referral letters should be sent to:

Dr Helen Rimington (physiologist clinic) or Sr Denise Parkin (nurse clinic) x80726